



Radiant Health Strategies, LLC is a privately owned holistic health educational business founded by Dr. Phyllis Hubbard. Having used holistic healing strategies to eliminate the medication for and completely heal herself of a supposedly incurable illness (COPD - Chronic Obstructive Pulmonary Disease), Dr. Phyl now develops and provides health prevention and intervention programs that help correct and restore imbalances in the mind and body, without the use of medications, through the use of a synergistic blend of holistic healing modalities.

Dr. Phyl is the ultimate Body Whisperer. She is a Motivational Speaker, Board Certified Naturopathic Doctor, an Ayurvedic Practitioner, Life and Health Coach, Qigong Instructor, Reiki Master and Licensed Massage Therapist (#MA64036). Her wide range of professional education also includes Holistic Health Education, Training, Therapeutic Nutrition, Clinical Aromatherapy and Herbology.

Her straightforward and humorous presentations blend ancient holistic wisdom with cutting edge research in a way that is fun and easy to understand. She travels nationally and internationally as a Holistic Health Educator and to research indigenous holistic practices to integrate into her healing techniques and workshops.

Dr. Phyl has fused Radiant Health Strategies into customized workshops, seminars and retreats for organizations such as: Summit Eden, The United Way, W.K. Kellogg Foundation, Canyon Ranch Resort, The Carillon Resort and Spa, Breast Cancer Project, Prudential, The Breakers Palm Beach, The Overtown Youth Center, Pritikin Longevity Center, The Whole Expo, Dress for Success, Rutgers University, African American Research Library and Cultural Center, The Matriarch Gathering, Association for Black Foundation Executives, The Lt. Governor's Summit on Financial Education, The Campaign for Black Male Achievement, Black Male Engagement, etc.

Dr. Phyllis Hubbard, BCND, CNHP, LMT (#MA64036)
Holistic Health Educator and Lifestyle Coach
Radiant Health Strategies, LLC
Phone: 786-759-0390
Email: phubbard@radianthealthstrategies.com
Website: www.radianthealthstrategies.com