



Areas of Expertise

- Transformational Leadership
- Health/Life Coaching
- Cultural Competence
- Holistic Health in the Workplace
- Education and Training
- Conflict Resolution
- Motivational Public Speaking
- Interpersonal Communication Skills
- Stress Management/Weight Loss Strategies
- Work/Life Balance Strategies
- Job Interview Skills for the College Graduate, Professionals in a Mid-life Career Change and Ethnic Populations
- Holistic Healing Strategies
- Naturopathy and Ayurveda
- Cancer Prevention and Recovery
- Clinical Aromatherapy
- Herbology
- Therapeutic Massage and Holistic Bodywork
- Therapeutic Nutrition
- Mindfulness, Reiki, Qigong and Healing Meditation
- Health Education and Training
- Team Building Strategies
- Conscious Movement (expressive healing drama and dance for self empowerment)

www.radianthealthstrategies.com